# Poi Programme Delivery over the year

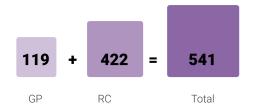
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The Poi programme is about "Living well before dying". It is achieved by supporting Residential Care (RC) and General Practice (GP) in the Auckland region, to use evidence-based clinical tools to identify people sooner who are palliative. The Lead Clinician completes a plan (PPA -Palliative Pathway Activation) and receives free expert advice from the Poi Multi Disciplinary Team (PAS - Proactive Advisory Service). Poi also increases sector capability in palliative care by providing education and service development.

All numbers and percentages refer to PPA /PAS in 2018 unless otherwise stated

#### **POPULATION CHARACTERISTICS**

TOTAL SUBMITTED FROM NOV 17 TO APR 19



Identified as non NZ European



Aged more than 65 years

#### PROPORTION OF PPAS AND THEIR PRIMARY SPICT\* CLINICAL CONDITIONS

21%

25%

Cancer



Dementia/

Frailty

Respiratory and

cardiovascular disease

PHASES OF ILLNESS\*\*



38%

Unstable

Stable

**52%** 

Deteriorating

# Half

Of people had the most clinically appropriate severity score, with an AKPS\*\*\* of 40 or 50

Of ARC providers have activated a PPA for at least one resident

#### **CLINICAL IMPACT**

**85**%

Of people in the Poi programme complete the approach in less than 2 weeks (from beginning the PPA to completing the PAS response)

Of those consenting to have a PPA have it completed on the same day it has begun

**52%** 

Of people with a PPA died within the expected 6 months

1 in 5



Died within 1 month of the PPA being completed

88%

Of all people with a PPA submitted who live longer than a month do not use ambulance or hospital services

Of those in Poi die in hospital



**15%** 

Of people with a PPA use the Emergency Department in any auarter



#### **CLINICAL SERVICE DEVELOPMENT**

90%

Of people do not require a referral to Specialist Palliative Care at the time of Poi Multi Disciplinary Team review

100%

Primary Health Organisations have at least one enrolled patient receiving a

### RANGE OF ACTIVITY SESSIONS DELIVERED

15%



55%

Palliative Advisorv Service

Education

Service Development

2200+

Hours of activity per year is spent on Education, Service Development\*\*\*\* and PAS



600

Attendees per month on average at Poi education and service development sessions



## STAFF TRAINED SO FAR



GPSIs\*\*\*\*



Link Nurses (Poi champions)



Psychosocial Interns

#### **KEY / DEFINITIONS**

\*SPICT: The SPICT (Supportive and Palliative Care Indicator Tool) is an internationally validated tool for determining that a patient may be near their end of life.

\*\*Phase of illness: One of three Palliative Care phases when assessed by the clinician (Dying / Deceased is removed for the purpose of this programme)

\*\*\*AKPS Score (Australian Karnofsky Performance Status): A score from 0% to 100% measures the patient's overall performance status across the 3 dimensions: activity, work and self care.

\*\*\*\*Service Development: Includes Stakeholder relationships and meetings, Link Nurse coaching and mentoring, Resource development, targeted Poi activity that is not directly related to a PPA, PAS or formal Education session. \*\*\*\*\*GPSIs: General Practitioners with Special Interest



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