

# Multi-disciplinary team (MDT) In-reach

Poi is an initiative by the Hospices of Auckland to help general practice and residential care deliver the best possible quality of life for patients and their family/whānau during a person's final 6—9 months.

General practice and residential care joining Poi will build skills and confidence in palliative care. Poi enables:

- Consistent earlier identification of people with palliative needs
- Payments for the development of a simple palliative care plan (PPA) with patient and whānau
- Free advice from the Poi Clinical team
- Improved linkage to community support for patients and whānau
- Opportunities to access coaching and support packages to build palliative care skills

The local hospice Poi Multi-disciplinary Team In-reach (MDT-IR) provides “hands with” packages of coaching and training support to build on the existing capability of residential and primary care providers to deliver holistic palliative care to patients.

## Poi MDT In-reach to support local needs within a regional system



### Working with residential care

A large number of patients who would benefit from a palliative care approach are living in residential care facilities and these facilities have experience and expertise in providing this care. The Poi MDT-IR service is intended to work with facilities to understand how they work, their needs and to develop their existing capacity to provide holistic palliative care.



### Providing tailored packages of support

The way the Poi MDT-IR service engages with residential and primary care providers and the methods used to support capability and capacity development will be tailored to the needs and context of each facility. This may include:

- Policy review and advice
- Shared case review and debrief
- On-site education sessions
- Coaching and advice.



The Poi MDT-IR service draws from a wide range of skills and expertise, including specialist medical, nursing and psychosocial skills in palliative care. The teams support a range of content areas depending on the topics that are most relevant to each residential care facility or Primary care practice. These content areas may include:

- Diagnosing dying and introducing a palliative care approach
- Medical pain and symptom assessment, medication and care delivery
- Psychosocial-spiritual-cultural assessment and care delivery for patients and their family/whānau
- Post-death and grief care for families, whānau and staff.

Your local hospice Poi Clinical team is happy to talk to you about how the MDT-IR service can best support you to provide holistic palliative care as part of the system. Please get in touch.

### For more information on Poi:

- Visit the Poi webpage on the POAC infrastructure at [poiproject.co.nz](http://poiproject.co.nz)
- Contact your local hospice MDT

Totara: [Poiadmin@hospice.co.nz](mailto:Poiadmin@hospice.co.nz)

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