

# Multi-disciplinary team in-reach support

Poi is an initiative by the Hospices of Auckland to help general practice and residential care deliver the best possible quality of life for patients and their family/whanau during a person's final months.

General practice and residential care joining Poi will build skills and confidence in palliative care. Poi enables:

- Consistent identification of people with palliative needs
- Payments for the development of a simple palliative plan with patient and whanau
- Discussion with the Poi Clinical team
- Improved linkage to community support for your patient
- Opportunities to access coaching and support packages to build palliative care skills

The local hospice Poi Multi-disciplinary Team In-reach (MDT-IR) provides "hands with" packages of coaching and training support to build on the existing capability of residential care providers to deliver holistic palliative care to patients.

## Poi MDT In-reach to support local needs within a regional system



### Working with residential care

A large number of patients who would benefit from a palliative care approach are living in residential care facilities and these facilities have experience and expertise in providing this care. The Poi MDT-IR service is intended to work **with** facilities to understand how they work, their needs and to develop their existing capacity to provide holistic palliative care.



### Providing tailored packages of support

The way the Poi MDT-IR service engages with residential care facilities and the methods used to support capability and capacity development will be tailored to the needs and context of each facility. This may include:

- Policy review and advice
- Shared case review and debrief
- On-site education sessions
- Coaching and advice.



The Poi MDT-IR service draws from a wide range of skills and expertise, including specialist medical, nursing and psychosocial skills in palliative care. The teams support a range of content areas depending on the topics that are most relevant to each residential care facility or Primary care practice. These content areas may include:

- Diagnosing dying and introducing a palliative care approach
- Medical pain and symptom assessment, medication and care delivery
- Psychosocial-spiritual-cultural assessment and care delivery for patients and their family/whānau
- Post-death and grief care for families, whānau and staff.

Your local hospice Poi Clinical team is happy to talk to you about how the MDT-IR service can best support you to provide holistic palliative care as part of the system. Please get in touch.

### For more information on Poi:

- Visit the Poi webpage on the POAC infrastructure at [www.poiauckland.co.nz](http://www.poiauckland.co.nz)
- Contact your local hospice MDT

Totara: Poiadmin@hospice.co.nz

Franklin: Poiadmin@franklinhospice.org.nz

Mercy: Poiadmin@mercyhospice.org.nz

Hospice West: Poiadmin@hwa.org.nz

Harbour Hospice (North Shore, Hibiscus, Warkworth & Wellsford):

Poiadmin@harbourhospice.org.nz